



# Ivanhoe Neighborhood News

January 2013 \* First Edition

## Ivanhoe Information Day

Again, this year, in observance of Black History Month, the Ivanhoe Neighborhood Council will hold its Annual Ivanhoe Information Day with workshops and educational/cultural enrichment activities. The event will begin at noon on Saturday, February 23rd and end at 4 PM. Schedule of events:

12:30 UMB Financial Education Class "Savings Basics"

1:30 Children's Mercy "Asthma Prevention"

2:15 Ivanhoe Monthly Meeting

2:30 Program "Putting on the Ritz"

Free Lunch. There will be drawings for special door prizes for those who attend throughout the day.



### Ivanhoe: Puttin' On the Ritz

**February 23, 2013** will be an historical date/ event at the Nutter Ivanhoe Neighborhood Center. Come one, come all, every age, creed and color!!! Be part of making history as we celebrate Black History Month through song, fashions, poetry and famous people — **YOU**. The theme is *The Harlem*

*Renaissance*, an art and social movement after World War I. At the height of the movement, in the 1920s and 1930s, African Americans expressed themselves through literature, art, music, drama, fashions, movies and protests. New York was one of the few states that outlawed school segregation. Therefore, Negroes moved from all over the country to get an education in Harlem. **The Apollo Theater** sits in the heart of Harlem and was the hub for African-American musicians, radio shows and entertainers. The Harlem Renaissance centered in Harlem, New York, influenced African-American artists throughout the African diaspora, including Afro-Caribbean's and blacks living in Paris. Contact Yolanda Young at 816-921- 6611, if you would like to participate.



## Regularly Scheduled Meetings

### Neighborhood Monthly Meeting

4th Saturdays at 2:00 p.m.  
01/26, 02/23, 03/23, 04/27

### Committee Meetings:

#### Beautification

3rd Monday at 2 p.m.  
( except Jan & Feb) due to holidays  
01/14, 02/11, 03/18  
04/15 at 5:30 p.m.

#### Crime & Safety

3rd Monday at 2 p.m.  
( except Jan & Feb) due to holidays  
01/14, 02/11, 03/18  
04/15 at 5:30 p.m.

### Housing, Economic Dev. & Jobs

1st Monday at 6:00 p.m.  
01/07, 02/04, 03/04, 04/01

### Youth, Family Life & Education

We need your participation and we need to know when you are available. Please stop by or call the office to let us know when you are available to meet.

### Ivanhoe Board of Directors

4th Monday at 4:30 p.m.  
01/28, 02/25, 03/25, 04/22

### Grown in Ivanhoe

2nd Tuesdays of the Month  
Networking begins at 5:00  
Classes from 5:30-6:30

### INSIDE THIS ISSUE

Board of Directors.....	2
Lest we Forget.....	2
Important Phone Numbers.....	2
Banking Information & Hours....	3
News You Can Use.....	3
Grocery Coupon.....	4
Minor Home Repair.....	5
Youth & Family.....	6
Ivanhoe Healthy Kids.....	7
Grown in Ivanhoe Project.....	7
Silver Foxes.....	8
Advertising Information.....	8

*"Where there is no vision, the people perish . . ." Proverbs 29:18*

## Lest We Forget

From November 2012 to January 2013, the Ivanhoe Benevolence Committee sent expressions of caring and concern to the following Ivanhoe residents and family members:

### Sympathy

Mrs. Vervina Marshall in the loss of her mother, Mrs. Nora Grant; to the family of Mrs. Essie Williams; Mrs. Mary Williams in the loss of her nephew, Mr. Wiley Young, Jr.; Mr. and Mrs. Alan Young and family in the loss of her aunt, Mrs. Mattie B. Marshall and uncle, Mr. Jack Young; Mrs. Florence Hayden in the loss of her brother-in-law, Mr. Frank Hood; to the family of Rev. William Edward Johnson; Mrs. Mable Kerr in the loss of her husband, Mr. James W. Kerr; Mrs. Opal Vick in the

loss of her husband, Mr. Alison Vick; Mrs. Norma Masterson in the loss of her brother, Mr. Earl Masterson; and Mrs. Martha Tolbert in the loss of her sister, Mrs. Eva Mae Williams

### Get Well Cards Were Sent To:

Mrs. Annie Ammons, Mrs. Jackie Shackelford, Mr. William Nulton, Mrs. Mary Taylor, Mr. Frederick Ross,

*We want to know how you are doing. Please call the office to let us know if: 1. You or your family members are ill or in the hospital; 2. You have experienced the loss of a family member; 3. You have good news to report (graduations, weddings, baby showers, etc.). Call the Ivanhoe Neighborhood Council office at 921.6611 to share your news.*

## IVANHOE NEIGHBORHOOD COUNCIL

### Board of Directors:

Dennis L. Robinson, **President**; Sharon E. Bass, **Vice President**; Martha Tolbert, **Secretary**; Arthur B. Johnson, **Treasurer**; and William Keith Slater, **Assistant Treasurer**.

### Board Members:

Sidney King, Francine Nelson, William "Bill" Nulton, and Alan A. Young, Sr.

### Staff:

Margaret J. May, Executive Director  
Walt May, Rehab/Facility Manager  
Lester Bass, Home Repair Specialist  
Yolanda Young, Youth and Family Outreach Specialist  
Dina Newman, Ivanhoe Healthy Kids Initiatives, Grown in Ivanhoe Project  
Carolyn J. Anderson, Accountant  
Cleophus Sanders, Environmental Technician  
Linda Nimrod and Debbie Owens, Receptionists  
Sharon Anderson, Clerk  
James Benimon and William Brinkley, Custodians  
Laura Hambrecht, Senior Case Manager, Big Brothers Big Sisters  
Dana Brown, Code Enforcement Officer, 816-513-9058

### **Important Numbers**

#### **Emergency: 911**

Central Patrol: 234-5510  
East Patrol: 234-5530  
Non-Emergency: 234-5510  
TIPS Hotline: 474-3784

Central Patrol, Major Shawn Wadle  
East Patrol, Major Anthony Ell

Neighborhood Officers: Matt Brummet and Andrew Gore, 234-5510

Gang/Graffiti: 482-8235

Parking Control (Illegally Parked Cars): 759-6332

Traffic Enforcement (Speeding Vehicles): 482-8180

Basic Needs, Health Needs,

Food Pantry, Utility

Assistance, Employment:

Call 211 (United Way Resource Center) or 474-5112

City Council

Representatives: 513-1368

Trash pickup, dumpsters, animal control: Call 311 City Hall Action Center

## **Headline: Financial New Year's Resolutions**

*New Year's Resolutions aren't just about losing weight, getting organized or learning something new. Now is a great time to determine your personal financial plan and follow through with it.*

You can change the financial track you are on whenever you want, but what better time than the very beginning of a brand new year? It isn't always easy or fun, but it is possible. The following tips can help you meet your personal financial goals:

### **1. Do your research and make a plan**

You don't necessarily need a financial advisor; you just need good research skills. Plan for both the good and the bad, and set realistic goals.

### **2. Create a realistic budget and stick to it**

Don't set such limiting restriction on your budget that you cannot do anything you enjoy. However, don't set yourself up for failure by not allowing for emergencies or unforeseen expenses.

### **3. Evaluate the option of creating a savings account**

It's hard to see the benefit in the short-term. You might want to consider setting up a savings account that automatically withdrawals money from your paycheck or checking account.

### **4. Be more energy efficient**

This is not only good for the environment; it can help you save money in the long run.

### **5. Refinance your house**

With mortgage rates at record lows, there really is no reason **not** to refinance your home.

### **6. Create or update your will**

It is never pleasant to think about, but creating or updating your will is just as important as creating a budget.

### **7. Buy a life insurance policy**

Similar to creating or updating a will, it is important to set up a life insurance policy for your dependents.

### **8. Pay down your debt**

This is definitely easier to say than it is to do, but it is something you must make a conscious effort to do.

### **9. Evaluate your investments**

When the economy is on a downturn, many people are tempted to pull their investments out of the stock market. This is not necessarily the most wise decision. It could be in your best interest to simply pay closer attention to your investments and move them around when necessary.

## News You Can Use

### 7<sup>th</sup> Annual Community Block Party & Health Fair

The 7<sup>th</sup> Annual Community Block Party & Health Fair is scheduled for Saturday, April 27 from 10 a.m. to 1 p.m. on the campus of Research Medical Center. 41 Action News Anchor Cynthia Newsome will once again emcee this annual event.

The objective of the Block Party & Health Fair is to motivate and encourage healthy lifestyle changes in those residing in the neighborhoods surrounding Research Medical Center and its service area. Last year, approximately 1,500 people attended the event. In 2013, the Research Foundation anticipates an even higher turnout. Attendees of the event will have the opportunity to meet more than 90 health-related organizations and participate in free health screenings that include blood glucose, blood pressure, body mass index, and HIV testing.

The Block Party & Health Fair will also host a Kids Activity Area with carnival games, inflatable moon walk, craft activities, and face painting. The Zoomobile, offered by the Kansas City Zoo, will educate children on animals and conservation. In addition, the Brain Injury Association of Kansas & Greater Kansas City will provide free bicycle helmets to the first 250 children and the Missouri Highway Patrol will give demonstrations of the Seatbelt Convincer.

### Join Big Brothers Big Sisters today!

Big Brothers Big Sisters has teamed up with the Ivanhoe Neighborhood Council to create one-to-one mentoring relationships between great kids and volunteers! We are seeking children between the ages of 8 and 14 and volunteers over the age of 21 to join our program.

Matches in our program get together on a weekly basis to do things that they both enjoy. Activities can include playing sports, doing art projects, going to the movies, completing homework assignments, and much more!

In addition to providing a recreational outlet, a recent study for Big Brothers Big Sisters found that kids matched with a Big Brother or Big Sister:

- are more confident
- are more likely to steer clear of drugs and alcohol
- do better in school
- get along better with their family and friends
- feel better about themselves

If you think BBBS sounds like a good fit for you or your child, call us today!

Contact Laura Hambrecht to sign up or ask any questions: 816-237-9319.



**Big Brothers Big Sisters**  
of Greater Kansas City



### Ivanhoe Neighborhood Council's UMB Cashless Bank Branch

#### Banking Hours:

Wednesdays and  
Thursdays 1:00–5:00 p.m.

Fridays, 10:00 a.m.-4:00  
p.m.

Location: First Floor  
Ivanhoe Neighborhood  
Center, 3700 Woodland,  
Kansas City, Mo. 64109  
816.315.7484

*Personal Banker:*

*Sharon Pleasant-Bass*

\*Notary Services Available

### Upcoming FREE Saturday Financial Education

#### Workshops:

**12:30–1:30 p.m.**

(childcare available upon  
request)

Date	Class
1/26	Budgeting
2/23	Savings Basics
3/23	Getting a Great Deal When Shopping
4/27	Homeownership and Loans

Enter to win \$50 UMB Visa  
Gift Card during classes!

### Chicken Chili

- 2 Pounds Boneless Chicken Breasts
- 1 Tablespoon Olive Oil
- 1/2 Cup Green Bell Pepper, diced
- 1/2 Cup Onion, diced
- 3 Cups Water
- 1 White Chicken Chili Kit
- 2-15 Ounce Cans White Beans
- 1 Tablespoon Cheddar Cheese, shredded
- 1 Tablespoon Sour Cream

Dice chicken into half-inch pieces or cubes. Heat oil in a large saucepan over medium-high heat. Add chicken and sauté for about 10 minutes. Add onions and bell peppers and sauté until tender. Add water chili kit and white beans and stir well. Bring to a boil, then reduce heat to low. Cover and simmer for about 30 minutes, stirring occasionally. Continue simmering, uncovered, on low heat until chili thickens. Serve with a sprinkle of cheddar cheese and a dollop of sour cream. Makes 8



Good Earth • Good Food • Good Life

**Now Open in Ivanhoe!**

**Healthy Local Food**

**Eggs - Meat - Dairy - Produce**

- \* Partnered with Local Farms \*
- \* 3400 Woodland , 816-298-7074 \*
- \* EBT Accepted \*
- \* Delivery Available \*

**Open Tues-Sat 11 to 6**

**COUPON**

**\$5 OFF  
ANY  
PURCHASE**



**DAILY ONLINE  
SPECIALS**

[www.FoodthatIsBetterforEveryone.com](http://www.FoodthatIsBetterforEveryone.com)

PARTIALLY FUNDED BY THE WK KELLOGG FOUNDATION

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### AARP Free Income Tax Preparation

Beginning Monday, February 4 through Monday, April 15, 2013, AARP volunteers will offer free income tax preparation services for low-to-moderate income taxpayers, especially those 60 and older.

This service will be available on **Mondays and Fridays ONLY from 10:00 a.m. to 2:00 p.m.**, at the Ivanhoe office, 3700 Woodland. You **must** bring the following items with you:

- Your tax return for the prior year,
- Your bank routing and account number,
- Proof your identity
- Your Social Security number and the Social Security number for each of your dependents.

Ivanhoe considers it a blessing to be able to provide this service to you at no charge due to our partnership with AARP. The volunteers that prepare the tax returns are retired people who donate their time out of the goodness of their heart. The volunteers are fully trained by AARP to do this work and they are fully certified and competent.

We ask that you treat the volunteers with dignity and respect. We encourage you to take the time to tell them you appreciate this free service.

Plan to take advantage of this free service and spread the word to your neighbors.



**FARMERS**

Auto • Home • Life • Business

Yolonda Bush

Office: (913) 871-1724

Email: [ybush@farmersagent.com](mailto:ybush@farmersagent.com)

CALL TODAY FOR A FREE REVIEW!

Vacant Homes

Uninsured Homes

Driving Infractions



### Ivanhoe Minor Home Repair

#### Program Update



Minor Home Repair Specialist, Lester Bass, reports that the 2012/2013 contract began on June 1, 2012 and will end

April 30, 2013. Twenty jobs have been completed, 7 are under construction and three are to be awarded to contractors.

Through the BRITE TIF Program, 5 jobs have been completed and 1 is under construction.

If you have questions about these programs, contact Lester at, 816.921.6611

#### HOT OFF THE PRESS!

We have a limited number of 2013 Ivanhoe 13-Month Planning Calendars that include lots of pictures of Ivanhoe residents and partners participating in 2012 activities/events. Hurry and make your purchase while supplies last! Price: \$10.

#### FOR SALE

You can now buy an ad in the "Ivanhoe Neighborhood News" quarterly newsletter! Advertise your business, place of worship, service, or special announcement.

Call the office for more information, 816.921.6611



**Calendar  
Events for  
Ivanhoe  
Youth  
AND  
Parents**

**Explorers Program:**

Saturdays 1/26, 2/9, 2/23,  
3/9, 3/23, 4/13, 4/27 from 9  
a.m.—12 noon

**Cub/Boy Scouts:**

Mondays 1/28, 2/4, 2/11,  
2/18, 2/25, 3/4, 3/11, 3/18,  
4/8, 4/15 from 5 p.m.—6:30  
p.m.

**Girl Scouts:**

Troop Meetings are held the  
first Monday of the month,  
2/4, 3/4/ 4/7

The Girl Scout Service  
Projects take place on the 4th  
Saturday 1/26, 2/23, 3/23,  
4/27

**Upcoming Opportunities**

Ivanhoe Heat basketball  
season starts in February.  
Games will be played at the  
SE Community Center. Call  
for game schedules.

Black History Month  
Program—Don't miss this  
opportunity to be a part of  
this special tribute to African  
American culture and history  
on Saturday, Feb. 23,  
following our Ivanhoe  
Monthly Meeting.

Music Enrichment Program—  
Ivanhoe, in partnership with  
the Comprehensive Arts  
Institute, is making plans to  
provide youth instruction in  
music education and  
performance. Call if your  
child is interested.

**Ivanhoe Positive  
Alternatives Program**

Jackson County  
**COMBAT**

Save a life. Save a neighborhood.

Ivanhoe Positive Alternatives is a youth outreach initiative that offers year-round programming and activities suitable for children, youth, and their families. This program, which is sponsored in part by Jackson County COMBAT, provides positive alternatives to alcohol, drugs, violence, gangs, and delinquency. Yolanda Young is the Youth and Family Outreach Specialist and she can be reached at 816.921.6611.



**What is Exploring?**

Exploring is *Learning for Life's* career education program for young men and women who are at least 14 (and have completed 8<sup>th</sup> grade) and not yet 21 years old. Adults are selected by the participating organization for involvement in the program. Color, race, religion, gender, sexual orientation, ethnic background, economic status, and citizenship are not criteria for participation.

Exploring is all about helping young adults make a more informed decision about future careers and determine if a particular career is the right one for them. Typically, a young adult will either: 1) get involved, learn about a career, and decide to pursue it; or 2) learn enough about the career to determine it's not the right fit for them. It's better to learn as a young adult that a career is not for you, than after spending lots of money on an education only to THEN discover you don't like the career!

Exploring leaders volunteer their time to provide real-world career experiences for young adults. Exploring is not about lectures and slide shows – it's about gaining practical experience in a career field. The result is a program of activities that helps youth pursue their special interest, grow, and develop.

*The Explorers Career Education program is sponsored by JE Dunn and is free to Ivanhoe youth 14-20 years old. Activities, projects, and field trips are scheduled on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month from 9:00 am – 12:00 noon at the Nutter Ivanhoe Neighborhood Center, 3700 Woodland.*

*"Safety and security don't just happen; they are the result of collective consensus and public investment. We owe our children, the most vulnerable citizens in our society, a life free of violence and fear."*  
Nelson Mandela, Former President of South Africa

## Lest We Forget

From November 2012 to January 2013, the Ivanhoe Benevolence Committee sent expressions of caring and concern to the following Ivanhoe residents and family members:

### Sympathy

Mrs. Vervina Marshall in the loss of her mother, Mrs. Nora Grant; to the family of Mrs. Essie Williams; Mrs. Mary Williams in the loss of her nephew, Mr. Wiley Young, Jr.; Mr. and Mrs. Alan Young and family in the loss of her aunt, Mrs. Mattie B. Marshall and uncle, Mr. Jack Young; Mrs. Florence Hayden in the loss of her brother-in-law, Mr. Frank Hood; to the family of Rev. William Edward Johnson; Mrs. Mable Kerr in the loss of her husband, Mr. James W. Kerr; Mrs. Opal Vick in the

loss of her husband, Mr. Alison Vick; Mrs. Norma Masterson in the loss of her brother, Mr. Earl Masterson; and Mrs. Martha Tolbert in the loss of her sister, Mrs. Eva Mae Williams

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Sharon Anderson, Clerk  
James Benimon and William Brinkley, Custodians  
Laura Hambrecht, Senior Case Manager, Big Brothers Big Sisters  
Dana Brown, Code Enforcement Officer, 816-513-9058

### Important Numbers

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East Patrol: 234-5530  
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TIPS Hotline: 474-3784

Central Patrol, Major Shawn Wadle  
East Patrol, Major Anthony Ell

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Gang/Graffiti: 482-8235

Parking Control (Illegally

Parked Cars): 759-6332

Traffic Enforcement

(Speeding Vehicles): 482-8180

Basic Needs, Health Needs,

Food Pantry, Utility

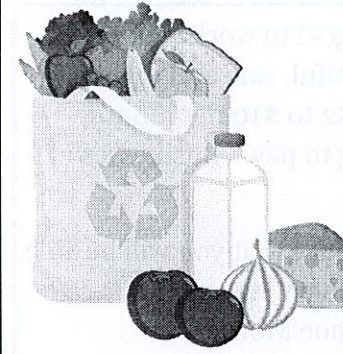
Assistance, Employment:

Call 211 (United Way Resource Center) or 474-5112

City Council

Representatives: 513-1368

Trash pickup, dumpsters, animal control: Call 311 City Hall Action Center



Can you afford another \$40 a month to be added to your grocery bill? Recent reports show that this is the increased amount most people will pay this year in food costs. Fresh fruits and vegetables should be a part of everyone's diet and yet many people are unable to afford delicious, healthy produce. The Grown in Ivanhoe Project would like to help:

### You CAN grow your own food! (Oh yes you can!)

#### Fact or Fiction

**\*I must have a big yard.** Not true. We can teach you how to grow vegetables on your back or front porch. Plus, we have 3 neighborhood locations where you can plant your garden.

**\*Nothing grows in this soil.** Wrong. Over the last two years, we've grown almost 5,000 pounds of pesticide-free produce in Ivanhoe vacant lots, raised beds, and community gardens.

**\*But, my health prevents me from working out in the garden.** We had an instructor teach us how to grow fresh vegetables in a purse. (Yes, a purse!) And some of you who no longer work in the yard, we still need you! We need your stories, your advice, your good, old-fashioned garden secrets, and your participation.

**\*I don't know what I'm doing.** We have free monthly classes, workshops, and seminars, taught by the best of the best urban farmers, gardeners, instructors, and teachers in the city.

**\*It cost a lot of money to garden.** We show you how to keep your cost down. Plus, we have "connections" where you can purchase low cost seeds (less than a quarter per pack), transplants, and fertilizer.

**\*I hate bugs and the heat.** So do we! We'll teach you all about growing cool season crops.

**\*I'm scared of snakes!** Us too! But, that's not stopping us. Come to class and we'll share tips on how to keep your garden snake free.

*Grown in Ivanhoe* gardening/urban farming classes are held every **second Tuesday of the month** from 5:30–6:30, at the Nutter Ivanhoe Neighborhood Center, 3700 Woodland. Networking and social time (snacks) begin at 5:00. For more information, see our Facebook page ([facebook.com/growninivanhoe](https://facebook.com/growninivanhoe)), our blog ([growninivanhoe.com](http://growninivanhoe.com)) or contact Dina Newman, 816.921.6611.

GROWN IN  
IVANHOE  
—fresh neighborhood grown—

ivanhoe  
healthy kids  
healthy bodies. healthy hearts. healthy futures.

*The Ivanhoe Healthy Kids Initiatives is supported by local funder, KC Healthy Kids, and the Robert Wood Johnson Foundation. The initiative is designed to address childhood obesity issues by advocating for policy, barrier, and environmental change in the Ivanhoe neighborhood.*

Our focus this year will include:

- 1) Policy changes regarding water access for community gardens and urban farms
- 2) The repurposing of vacant lots for physical activity and edible landscapes
- 3) Increasing the availability of local, affordable, fresh food
- 4) Increased partnerships and collaborations with other organizations who are working hard to prevent and/or address childhood obesity.

Upcoming opportunities:

"Eating Smart/Being Active" Class (includes cooking instruction)

*To learn more about the Ivanhoe Healthy Kids Initiative please visit the Ivanhoe Healthy Kids Blog:*

*[www.ivanhoehealthykids.com](http://www.ivanhoehealthykids.com) or contact Dina Newman, 816.921.6611. [dnewman@incthives.org](mailto:dnewman@incthives.org)*





Join the Silver Foxes  
for Card Games,  
Exercise and Lots of  
Fun!

Wednesdays from 1:00—3:00  
p.m.

At the Nutter  
Ivanhoe  
Neighborhood  
Center, 3700  
Woodland



### Why Should You Pay Dues?

Your dues payments are important to the success of the Ivanhoe Neighborhood Council's goal to work with you as we continue to build a clean, beautiful, safe and thriving neighborhood. Dues range from \$2 to \$10 per month, depending on what you are willing to pay. Businesses and/or Churches—\$150 per year.

This year, we are excited to announce that you will be able to use you debit card to pay your dues! Electronic payments will be accepted at Ivanhoe Monthly Neighborhood Meetings.

Call the office at 816.921.6611 if you have any questions regarding your dues.

**Please help us keep Ivanhoe clean!**

### Ivanhoe Neighborhood Council

#### Nutter Ivanhoe Neighborhood Center

3700 Woodland  
Kansas City, Mo. 64109  
Phone: 816.921.6611  
Fax: 816.921.3791



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